

USAG Pan American Club Cup 2026 Panamá (PAN) July 12-19, 2026

DIRECTIVES

Dear PAGU-affiliated federations and Clubs of the Pan American Region,

The Pan American Gymnastics Union (PAGU), through the Panamanian Gymnastics Federation, is pleased to invite your Federation and affiliated clubs to participate in the above-mentioned international USAG and PAGU event.

DISCIPLINE	Men's Artistic Gymnastics Women's Artistic Gymnastics
PAN AMERICAN GYMNASICS UNION	Pan American Gymnastics Union Polideportivo España Gimnasio Nacional de Gimnasia Costado Este de la UCC, Altamira, Managua, Nicaragua Email: info@upag-pagu.org
HOST FEDERATION	Panamanian Gymnastics Federation Apartado 0831-02630 Panamá City - Panama Phone: +507 64803929 Email: presidencia@fpgimnasia.org Website: http://www.fpgimnasia.com/ Carlos Antonio Herrera, President
EVENT MANAGER	Contact: Viviana Andrade Email: paguusag.panama2026@gmail.com
LOCATION	Panama City, PAN
DATE	July 12th to 19th, 2026
VENUE	Competition Venue Figali Convention Center Address: Amador – Panama City Link to map: https://maps.app.goo.gl/kP7E7EeDKYnveVPe8
APPARATUS SUPPLIER	Please review the attached list of apparatus. Gymnova and Canicce apparatus will be used for training, warm-ups and competitions.
RULES AND TECHNICAL REGULATIONS	The event will be organized under the following rules: USAG 2021- 2029 for WAG and USAG 2025-2028 for MAG, as well as the PAGU Technical Regulations: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Code of Discipline • General Rules for Judges
INVITED FEDERATIONS	The Pan American Gymnastics Union invites all affiliated and/or invited Federations and clubs from the Pan American region.

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LEVELS, CATEGORIES AND AGES	<p>Categories will be determined based on registration. Age group categories are subject to verification and adjustment according to the number of registered athletes</p> <p>WAG Level 1 to 8 in the USAG program Xcel Levels – Bronze, Silver, Gold, Platinum and Diamond</p> <p>WAG minimum ages per level (as of July 10th):</p> <table><tr><th>Age</th><th>Level</th><th>Age</th><th>Level</th></tr><tr><td>4 years</td><td>1</td><td>7 years</td><td>4, 5, 6, 7, Gold</td></tr><tr><td>5 years</td><td>2, Bronze</td><td>8 years</td><td>8, Platinum</td></tr><tr><td>6 years</td><td>3, Silver</td><td>9 years</td><td>Diamond</td></tr></table> <p>Categories will be determined based on registration. Age Group categories are subject to verification and adjustment according to the number of registered athletes.</p> <p>MAG Minimum age allowed to compete (as of July 10th):</p> <table><tr><th>Level</th><th>Age</th><th>Level</th><th>Age</th></tr><tr><td>3</td><td>6 years</td><td>7</td><td>12 years</td></tr><tr><td>4</td><td>7 years</td><td>8</td><td>12 years</td></tr><tr><td>5</td><td>8 years</td><td>9</td><td>14 years</td></tr><tr><td>6</td><td>10 years</td><td></td><td></td></tr></table>	Age	Level	Age	Level	4 years	1	7 years	4, 5, 6, 7, Gold	5 years	2, Bronze	8 years	8, Platinum	6 years	3, Silver	9 years	Diamond	Level	Age	Level	Age	3	6 years	7	12 years	4	7 years	8	12 years	5	8 years	9	14 years	6	10 years		
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JUDGES AND JURY	<p>The organization will ensure judges accredited and certified by the PAGU for the USA Gymnastics Program.</p>																																				
REGISTRATION DEADLINE	<table><tr><td>Provisional Registration</td><td>February 15, 2026</td><td>https://sportevents.com.co</td></tr><tr><td>Definitive Registration</td><td>March 15, 2026</td><td>https://sportevents.com.co</td></tr><tr><td>Nominal Registration</td><td>May 15, 2026</td><td>https://sportevents.com.co</td></tr></table>	Provisional Registration	February 15, 2026	https://sportevents.com.co	Definitive Registration	March 15, 2026	https://sportevents.com.co	Nominal Registration	May 15, 2026	https://sportevents.com.co																											
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ENTRY FEES	<p>The registration cost for this evento is USD\$120.00 per gymnast; this amount includes team awards. It must be paid to the Local Organizing Committee (“LOC”) no later than March 15, 2026.</p>																																				
DELEGATION SIZE	<table><tr><th>Function</th><th>WAG</th><th>MAG</th></tr><tr><td>Gymnasts (Team, minimum)</td><td>3 or more</td><td>3 or more</td></tr><tr><td>Gymnasts (Individuals)</td><td>1-2</td><td>1-2</td></tr></table>	Function	WAG	MAG	Gymnasts (Team, minimum)	3 or more	3 or more	Gymnasts (Individuals)	1-2	1-2																											
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ACCREDITATIONS	<p>Starting January 20, 2026, you can contact info@sportevents.com.co to create a user and password for SportEvents (https://sportevents.com.co) for the registration of the gymnasts.</p> <p>Along with the nominal registration, all clubs must upload a copy of the passport, a photograph of each delegation member, and the endorsement form the national federation to SportEvents: https://sportevents.com.co</p> <p>Additionally, you must upload your delegation information (names, function, photos, etc.) to SportEvents.</p> <p>Requirements for each photograph:</p> <ul style="list-style-type: none">• File format: JPEG• Dimensions: min 210 x 270 pixels; max 420 x 540 pixels• 3.5 cm wide x 4.5 cm high• File size: no larger than 1 MB• White background <p>Each document must be identified with the Country Code, Last Name, First Name, Discipline (MAG, WAG) and the function of each member.</p>																																				

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	<p>Example: PAN_FERNANDEZ_Ana_WAG_gymnast</p> <p>This documentation must be uploaded to SportEvents and the PAGU intranet no later than May 15, 2026.</p> <p>If the photograph is not uploaded as requested, the Local Organizing Committee may take the photograph during accreditation, which will incur an additional cost of USD\$10 for each one.</p> <p>In case of theft or loss of accreditation, the Local Organizing Committee must be informed immediately so that the accreditation can be canceled. The replacement of the stolen or lost accreditation will have a cost of USD\$50, which must be covered by the accreditation holder.</p> <p>Accreditations will be distributed upon arrival at the accreditation desk.</p> <p>Participating clubs must present the endorsement from their national federation, which includes the names of the official coaches.</p>
EVENT FORMAT	<p>THERE WILL BE NO TRAINING SESSIONS PRIOR TO THE COMPETITION</p> <p>The Modified Capital Cup and Capital Cup Competition system will be used: Timed warm-up on each apparatus immediately followed by competition on that apparatus.</p> <p>WAG</p> <p>General Warm-up 15 minutes</p> <p>Levels 1,2, Bronze – 30 seconds per athlete on each apparatus</p> <p>Levels 3, Silver – 45 seconds per athlete on each apparatus</p> <p>Levels 4,5, Gold – 1:00 minute per athlete on each apparatus</p> <p>Levels 6,7, Platinum – 1:30 minutes per athlete on each apparatus</p> <p>Levels 8, Diamond – 2:00 minutes per athlete on each apparatus</p> <p>MAG</p> <p>General Warm-up 10 minutes</p> <p>Levels 3 – 1 minute per athlete on each apparatus</p> <p>Levels 4/5/6 – 1:30 minutes per athlete on each apparatus</p> <p>Levels 7/8 – 2:00 minutes per athlete on each apparatus</p>
AWARDS	<p>Awards by apparatus: gold medal for first place, silver medal for second place and bronze medal for third place. A participation medal will be awarded to half +1 (more than half) of the participants.</p> <p>All around awards: gold medal for first place, silver medal for second place and bronze medal for third place; from fourth place onwards, a participation medal will be awarded.</p> <p>All athletes must wear their team uniform (pants, jacket and sneakers) for the award ceremony.</p>
COACHES	Must be properly uniformed (pants, shirt and sneakers)
MEDICAL SERVICES	The Local Organizing Committee will provide first aid service and an ambulance at the competition and training venues during official activities.
VISA	<p>Please verify immediately with your travel agency or with the Embassy or Consulate of Panama in your country if a visa process is needed to travel to Panama. The local Organizing Committee will be pleased to collaborate with each member of the Delegation by providing an official invitation letter, provided that this request is made to the LOC no later than April 1, 2026.</p> <p>This request must include the role, full name, sex, date of birth, citizenship, passport number, passport expiration date, arrival and departure dates of the Delegation member, as well as the city where the official invitation letter should be sent.</p> <p>The request can be made in SportEvents after the Definitive registration and no later than April 1, 2026.</p>
INSURANCE	The host Federation, the Local Organizing Committee and PAGU are not responsible in case of accidents, illnesses (including COVID-19), repatriation or similar incidents.

	<p>All participating Federations and clubs are responsible for making their own arrangements to have valid insurance with sufficient coverage for cases of illness, accidents, and repatriation for all members of their Delegation, The LOC will verify the insurance upon the arrival of the delegation members (e.g. copy of the valid insurance policy). Delegation members who do not have sufficient coverage must inform the LOC no later than May 1, 2026.</p> <p>The LOC will offer insurance to the Federations, at their expense, at a cost of: USD\$150 per person for all official days of the event. This insurance covers accidents during training and competition and does not cover illnesses, pre-existing conditions, injuries during activities outside the event or administrative situations. The request can be made in SportEvents after the definitive registration on March 15, 2026.</p>																														
INTERNATIONAL TRANSPORTATION	<p>The clubs invited to participate must cover the costs of international transportation for the members of their delegation.</p> <p>International Arrival Airport Tocumen International Airport (PTY) Travel Itinerary information must be sent to the LOC via SportEvents no later than May 15, 2026.</p>																														
LOCAL TRANSPORTATION ACCOMODATION, MEALS AND TRANSPORTATION	<p>The clubs invited to participate must cover the costs of local transportation for the members of their delegation.</p> <div><div>OFFICIAL HOTELS</div><div><p>Option 1: Sheraton Grand Panamá Hotel Address: Vía Israel y calle 76 Panama City, PAN</p><table><tr><th>Occupancy</th><th>Price per person per night</th><th>Includes (per person)</th></tr><tr><td>Single</td><td>USD\$ 132.00</td><td>Breakfast</td></tr><tr><td>Single</td><td>USD\$ 178.80</td><td>Breakfast, Lunch, Dinner</td></tr><tr><td>Double</td><td>USD\$ 66.00</td><td>Breakfast</td></tr><tr><td>Double</td><td>USD\$ 112.80</td><td>Breakfast, Lunch, Dinner</td></tr></table><p>Rates have all taxes included.</p><p>Option 2: Hotel Aloft Panamá Address: Vía Israel y calle 75 Panama City, PAN</p><table><tr><th>Occupancy</th><th>Price per person per night</th><th>Includes (per person)</th></tr><tr><td>Single</td><td>USD\$ 121.00</td><td>Breakfast</td></tr><tr><td>Single</td><td>USD\$ 167.80</td><td>Breakfast, Lunch, Dinner</td></tr><tr><td>Double</td><td>USD\$ 67.75</td><td>Breakfast</td></tr><tr><td>Double</td><td>USD\$ 107.30</td><td>Breakfast, Lunch, Dinner</td></tr></table><p>Rates have all taxes included.</p><p>Note:</p><ul style="list-style-type: none">Meal service begins with dinner on the day of arrival and ends with breakfast on the day of departure.<p>The accommodation and meal request must be completed using the hotel link no later than May 15, 2026. Hotel rooms and meals will be distributed according to the order in which requests and payments are received.</p><p>Participating clubs must cover the costs of accommodation and/or meals for all members of their delegation. Accommodation and meal costs must be paid directly</p></div></div>	Occupancy	Price per person per night	Includes (per person)	Single	USD\$ 132.00	Breakfast	Single	USD\$ 178.80	Breakfast, Lunch, Dinner	Double	USD\$ 66.00	Breakfast	Double	USD\$ 112.80	Breakfast, Lunch, Dinner	Occupancy	Price per person per night	Includes (per person)	Single	USD\$ 121.00	Breakfast	Single	USD\$ 167.80	Breakfast, Lunch, Dinner	Double	USD\$ 67.75	Breakfast	Double	USD\$ 107.30	Breakfast, Lunch, Dinner
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	<p>to the host hotels using the indicated link at the time of booking, no later than <u>May 30, 2026</u>.</p> <p>Note: Rooms and meals, as well as their prices, cannot be guaranteed if requests and/or payments are received after the deadlines.</p>								
CANCELLATION POLICY	<p>Cancellation Policy: PAGU and the Local Organizing Committee strongly recommend that clubs purchase cancellation insurance for their accommodation and meal reservation.</p> <table border="1"> <thead> <tr> <th>Cancellation Date</th><th>Reimbursement for Cancellation</th></tr> </thead> <tbody> <tr> <td>No later than June 15, 2026</td><td>100% reimbursement</td></tr> <tr> <td>From June 16 to June 30, 2026</td><td>50% reimbursement</td></tr> <tr> <td>From July 1 onwards</td><td>No reimbursement</td></tr> </tbody> </table>	Cancellation Date	Reimbursement for Cancellation	No later than June 15, 2026	100% reimbursement	From June 16 to June 30, 2026	50% reimbursement	From July 1 onwards	No reimbursement
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BANK DETAILS INFORMATION	<p>The following payments must be made directly to the bank account of the Local Organizing Committee: Registrations and Insurances Payments should only be made after the Local Organizing Committee sends the club the corresponding invoice informing the total amount and bank account details.</p> <p>Participating clubs are responsible for covering fees related to bank transfers. Each participating club is requested to send the payment reference to the LOC in the following manner: Country – club – #Invoice</p> <p><u>Beneficiary Details:</u> Name: FEDERACIÓN PANAMEÑA DE GIMNASIA Savings Account Number: 04-81-99-556195-0 Physical Address: Avenida Broberg, Edif 403, Urb. Albrook, Ancón, Panamá, Panamá Postal Address: Apartado 0831-02630, Panamá, Panamá. Phone: + (507) - 6480-3929 / + (507) 224-6865</p> <p><u>Beneficiary Bank via Intermediary/Correspondent:</u> CITIBANK NEW YORK, N.Y. ABA 021000089</p> <p><u>For credit to the account of the Beneficiary Bank:</u> BANCO GENERAL. S. A. - PANAMA SWIFT Code: BAGEPAPA Physical Address: Avenida Centenario, Costa Del Este, Panamá, Panamá Branch Telephone: (507) 6676-0771</p>								
MEDIA	<p>Media representatives, as well as communications staff from federations who are interested in covering the event, can request registration with PAGU (info@upagpagu.org) no later than <u>June 1, 2026</u>. Furthermore, National Federations are asked to send a confirmation letter to PAGU.</p> <p>Photos for accreditation must be sent to the Local Organizing Committee before <u>June 1, 2026</u>.</p>								
SOCIAL MEDIA	<p>Information about the event will be posted on the following sites:</p> <p>PAGU Instagram: @upagpagu Twitter: @UPAG_PAGU Facebook: UPAG.PAGU.ORG Website: WWW.UPAG-PAGU.COM</p> <p>PANAMANIAN GYMNASTICS FEDERATION</p>								

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	Instagram: https://www.instagram.com/gimnasiapanama/ Facebook: https://www.facebook.com/profile.php?id=100063511870339 Youtube: https://www.youtube.com/@gimnasiapanama7176	
DEADLINES SUMMARY	To PAGU (info@upag-pagu.org)	
	Provisional Registration	February 15, 2026
	Definitive Registration	March 15, 2026
	Nominative Registration	May 15, 2026
	Music Form	May 15, 2026
	Upload Passports and Photos to SportEvents	May 15, 2026
	To the Local Organizing Committee (paguusag.panama2026@gmail.com)	
	Payment of the Entry Fees	March 15, 2026
	Upload Visa Letter Request Form in SportEvent	April 1, 2026
	Insurance Request and Payment in SportEvents	May 1, 2026
	Additional Accreditation Payment	May 15, 2026
	Accommodation and Meal Registration	May 15, 2026
	Travel Itinerary Registration in SportEvents	May 15, 2026
	Registration of Accreditation Information (passports and photos) in SportEvents	May 15, 2026
	Accommodation and Meal Payment	May 30, 2026
ADDITIONAL INFORMATION	WAG Music Coaches are responsible for playing the music for their gymnasts (optional levels and Xcel), the LOC will provide the necessary adapters for playback. Each club is responsible for the usage rights of their gymnasts' music. The LOC will be responsible for playing the music for compulsory levels.	

Cordially,



Kenia Herrera
President
Pan American Gymnastics Union




Carlos Antonio Herrera
President
Panamanian Gymnastics Federation



Panama City, January 10, 2026

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